



Exercise B: Know Yourself

Option 1: Values and motivations

1. What motivated you to become a trustee?
2. List the values that are important to your life and your leadership.
After you have done so, go back and rank them in order of their importance.
3. Recall a personal situation in which your values conflicted with each other.
4. How did you resolve this conflict?
5. How pleased were you with the outcome?
6. Recall a situation in which your values were tested under pressure.
7. To what extent did you deviate from your values under that pressure?
8. What resources did you call upon under the pressure?
9. What would you do differently if you had it do all over again?

Option 2: Alignment of values

1. Are you the same person at the board table? At home? In the community?
2. Do you have the courage to live out your values when there is pressure to compromise or rationalize?
3. What motivated you to become a leader of a school board?
4. How do your values contribute to the board's higher moral purpose?
5. How do your values align with the board's values and beliefs?

Good Governance for School Boards
Trustee Professional Development Program



SOURCE: Adapted from The Center for Ethical Leadership.